

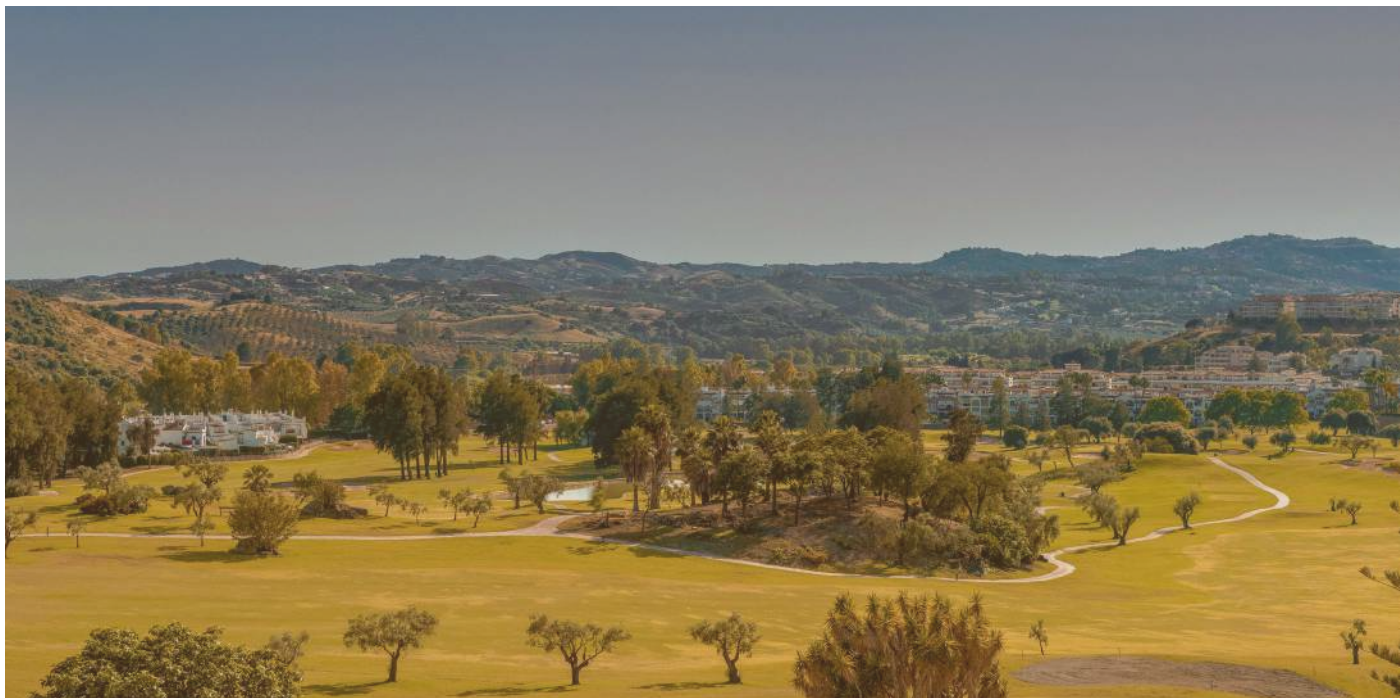
# Experiences and activities



La Zambra Hotel Concierge team has selected the following list of activities based on the most popular surrounding areas of the hotel.

We will be happy to help you in book or guide you in selecting the perfect venue for your day.





# GOLF

Robert Trent Jones had built more than 500 courses around the world and he gave us with the power to enjoy two of them: Los Lagos and Los Olivos.

We offer private golf lessons with a professional on an individual or group basis. Contact the Concierge Team for more information.



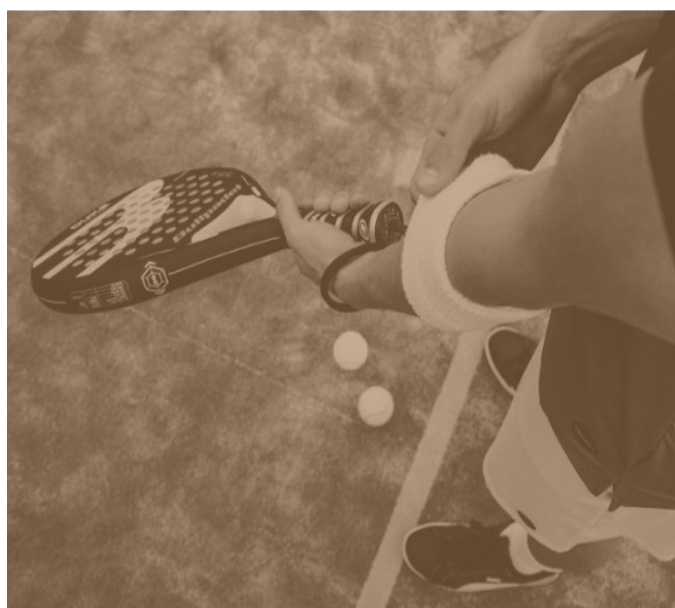




## TENNIS & PADEL

Swing into action and take your racquet sports to new heights within our conveniently located tennis and paddle courts.

Improve your technique or master your game with bespoke lessons from professional coaches or enjoy a relaxing game with your partner. Contact the Concierge Team for private bookings.





## YOGA CLASSES

In our large room and courtyard with fountains, we work in tune with ourselves with kindness and honesty. La Zambra's wellness area includes yoga classes in a large 500m<sup>2</sup> studio full of natural light.

Classes are offered to guests every day, adapted to all levels. Every day is an opportunity to improve, to grow, to learn. Come and join our daily Yoga classes in groups or book your private class!







## BODY SCULPTING PRIVATE CLASSES

At Mood Spa we also offer private classes. Focus on improving core strength or increasing flexibility guided by our expert instructor.

To book your next class, contact our Spa team.





## WELLNESS DAY AT MOOD SPA

Under this large dome is where a healing journey begins. Mood Spa is the place to understand what we feel and reconnect ... We have created five different journeys for everyone to reach the place and state desired.

Choose between traditional, innovative, or holistic way. We have the option for everyone. Treat yourself! For reservations, please contact our Spa team.







## THE PERFECT GIN TONIC WORKSHOP AT BAMBOLEO

Come and see how our Mixologists prepare the perfect Gin Tonic, while enjoying the breathtaking views from our Bamboleo Bar.

Every Sunday afternoon we offer this experience, where a gin will be selected by our experts who will tell you about the history of this world-famous cocktail.



AT THE HOTEL





## SPANISH WINE TASTING AT PALMITO

Spain has over 1.2 million hectares planted in wine grapes, making us the most widely planted wine-producing nation. Join us at Palmito every Thursday afternoon for a Spanish Wine tasting Experience.

Try a selection from our Bodega, where we store over 80 different wines from the country. Please contact the Guest Relations team to sign up to this complimentary experience.







## OLIVE OIL TASTING AT PALMITO

The olive oil is a product tied to the Mediterranean gastronomy and Andalusia is one of the most important producers of olive oil in the world.

Immerse in this fascinating world and enjoy a bespoke tasting. While learning about its history, types and benefits.





## SPANISH NIGHT WITH HORSE SHOW, FLAMENCO AND DINNER

Art, elegance, and tradition blend together in the Cartujano's Spanish Night.

Where you can enjoy an authentic Andalusian experience with horse show, dinner and live Flamenco under the direction of the Sánchez de Jerez de la Frontera Family.





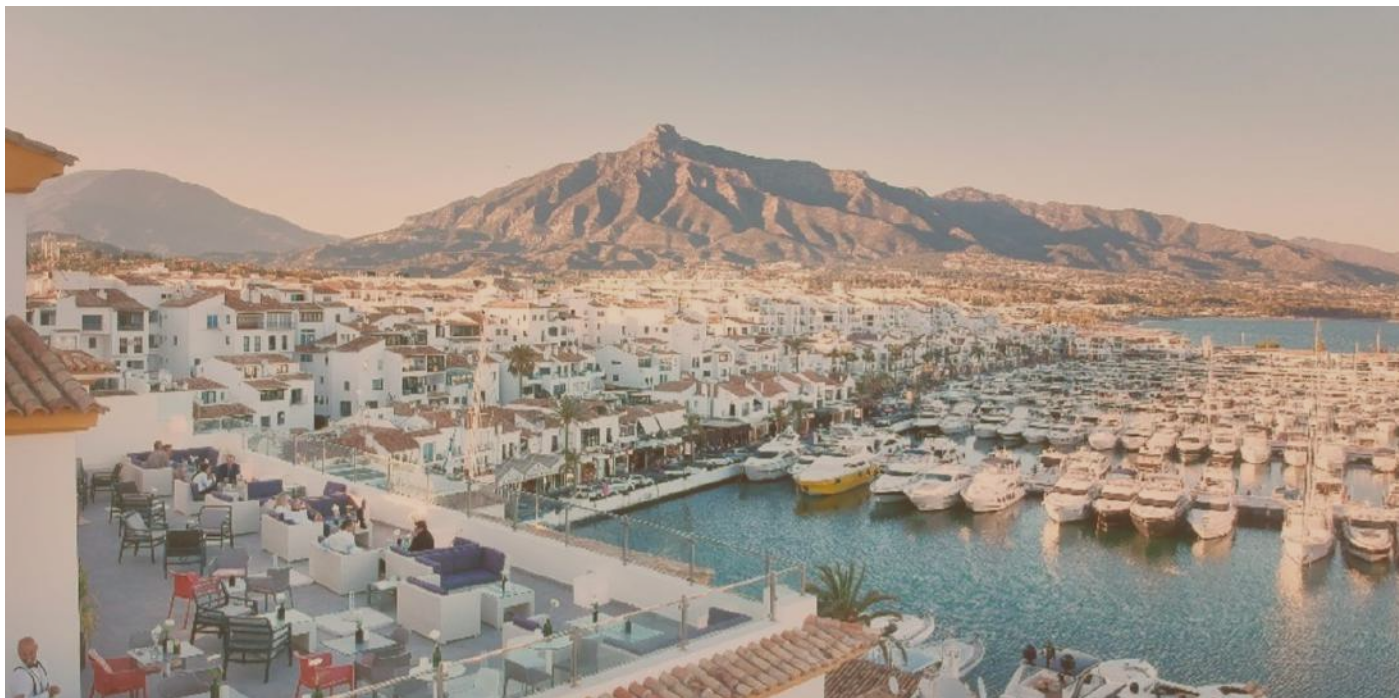


## HORSE RIDING LESSONS AT THE CARTUJANO

The horse-riding school offers lessons by professional to all levels and ages (children from 4 years old) on their indoor and outdoor tracks.





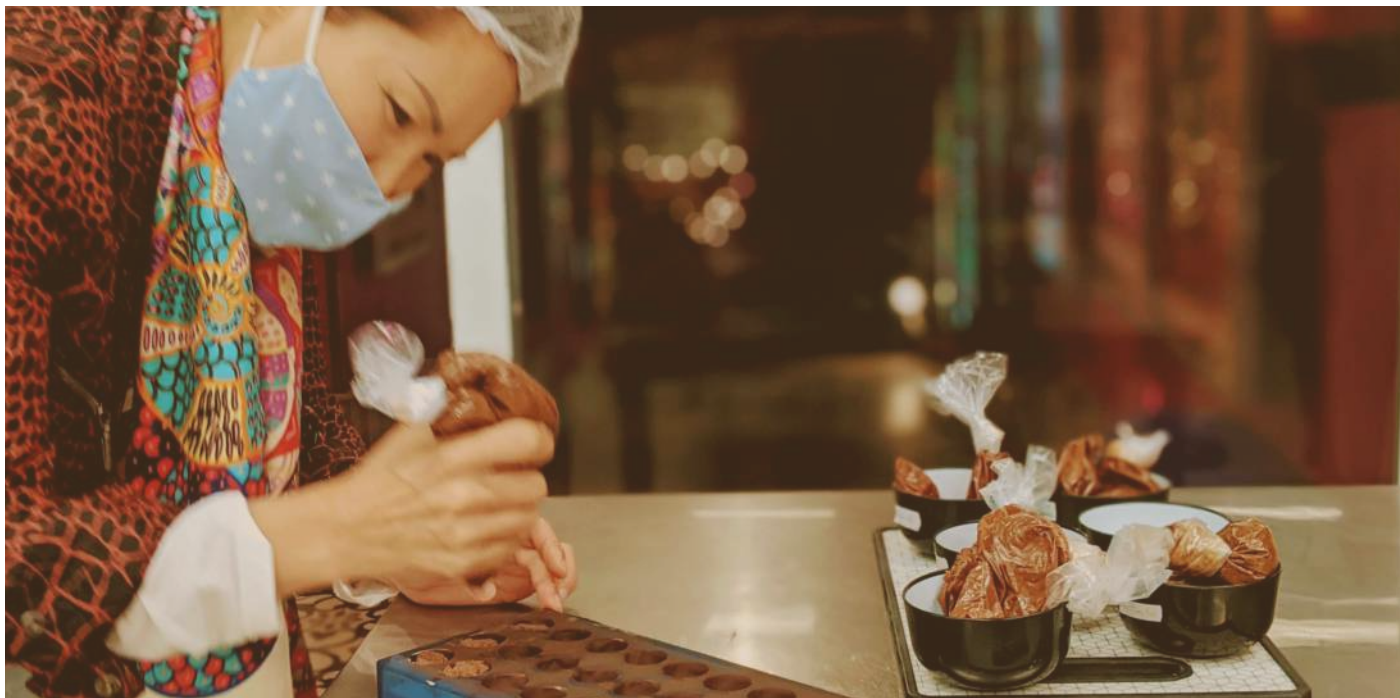


## MIJAS, MARBELLA & PUERTO BANÚS

Visit the coasts and mountains of Malaga, stroll through a typical Andalusian village such as Mijas Pueblo and enjoy one of the most luxurious places in the world such as Marbella and Puerto Banus in a single day.







## CRAFT YOUR OWN CHOCOLATE

The Mayan Monkey Chocolate Factory and Café in Mijas old town, also called the Laboratory of Happiness, offers this unique experience where you can learn all about the history of chocolate and make your own chocolate bars.

You can choose from 54 different ingredients!







# QUADS

Are you passionate about Active Tourism and Adventure Tourism?

Discover our guided Quad Tours, we give you the opportunity to get to know the wild nature of Mijas and surroundings, in a unique way.







## PADDLE SURF OR KAYAK

Are you ready to feel the movement of the waves, the sun on your face and the wind on your skin? If you are intrepid, in search of emotions and new experiences, we wait for you in Playa de Carvajal for the kayak initiation course.

Enjoy unforgettable sunsets, crystal clear waters and the views of the mountain from the sea.







# BIOPARC

BIOPARC Fuengirola is to refer to a different concept, a park in which animals coexist in a recreation of their natural habitat that favors their development at all levels.

To visit it is to delve into an authentic documentary about the deepest tropical forests of Madagascar, Equatorial Africa, Southeast Asia, and the islands of the Indo-Pacific.







## BUTTERFLY PARK

In this spectacular Butterfly Park, next to the Thai temple, you can walk amongst more than 1,500 exotic butterflies from around the world, flying freely in a tropical paradise between waterfalls and flowers.

You will be able to observe how they are born, how they reproduce and enjoy learning many things about these wonderful insects.







## TOUR ELECTRIC CAR

In this spectacular Butterfly Park, next to the Thai temple, you can walk amongst more than 1,500 exotic butterflies from around the world, flying freely in a tropical paradise between waterfalls and flowers.

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## PICASSO & TAPAS

The Picasso Museum and Picasso tapas experience consists of a visit to the Picasso Museum and a tasting of local tapas, to complete the visit, through which they will get to know the work of the Malaga genius in a different, delicious way.





## FLAMENCO & TAPAS

This incredible tour takes place through the flamenco and tapas temples of either Marbella or Málaga.

Discover all the best kept secrets of our popular culture. The tour lasts approximately 3 hours.







## CAMINITO DEL REY

This 7.7-kilometer path was once considered one of the most dangerous in the world. Today the entire route has been carefully restored, one thing hasn't changed – the unique experience of strolling along the walkways hanging over 100 meters up on a sheer cliff face.

The history of Caminito del Rey began with its construction in 1901 and soon became part of the life of the inhabitants of El Chorro and the surrounding villages.







## TAKE A SURFING CLASS IN MARBELLA

Learning to surf is one of the best things you can do in life! Now it is easier than ever to get started with Surfing, but it is as exciting and challenging as the Sea has always been!

We have several options depending on your age, availability, level and motivation, but all good to have fun!







## CATAMARAN RENTAL

Catamarans stand out for their spaciousness, especially in the bow where many people can sit at the same time. They are lighter and have the possibility of sailing when it's windy, therefore they hardly consume any fuel.

Sometimes, there are simply people who love the classic and prefer sail, looking for the sensations of sailing the waters downwind. In Marbella, the easterly winds are strong during the summer, ideal for sailing.





## JETSKI

Measure your skills on circuit riding a jet ski and feel the adrenaline like never before.







## CANYONING IN THE RIVER GUADALMINA

The Guadalmina canyon is ideal if you want to experience canyoning for the very first time! During this canyoning outing, you'll be able to introduce yourself to the fascinating world of canyoning. The Guadalmina canyon offers many jumps of different heights (all optional), some abseiling and beautiful passages with turquoise waters to swim in.

All participants must be able to swim. Minors must have authorization from their parents. Duration, approximately 3 and a half hours.







## FEEL THE SIERRA DE LAS NIEVES NATIONAL PARK

Come and enjoy the peace and tranquility of the fir forest through forest therapy with the help of professionals who live and work in the Sierra de las Nieves National Park.

You will get a different vision of the management of natural resources, managed in an efficient and respectful way with the environment. The experiences consist of a route interpreted in a Pinsapos forest with forest therapy, identification of medicinal plants, a tasting lunch of seasonal products and enjoying infusions of aromatic and medicinal plants.







## THE ENCHANTED FOREST OF JUANAR

It is time to live an essential experience for lovers of hiking! The circular hiking route, through the enchanted forest of Juanar, among chestnut trees, pines, mosses, mushrooms and viewpoints with views that do not fit in a photograph, will delight lovers of hiking in nature.

Tell us your physical condition and the hours you want to spend walking, together we will design a hiking route guided by the best local monitors that you will not be able to forget about.







## DAY TRIP

Ancient Ronda is a colourful tapestry woven from a skein of tangled threads which make it one of the most interesting cities in all Andalusia.

The landscape, the layout of the town, its history, the romantic legend of its bandits.







## HOT AIR BALLOON FLIGHT

Enjoy the incredible experience of flying in a hot air balloon, flying over the most beautiful landscapes of Andalusia driven only by the wind.

Go up to the sky and fly over the city of Ronda and its surroundings.





## DAY TRIP

Surrounded by the impressive Sierra Almijara mountain range, Nerja's most impressive attraction is the Balcony of Europe, built on the remains of a Moorish castle. The platform has spectacular panoramic views of the Mediterranean coastline. Just seven kilometres north of Nerja is the typical pueblo blanco of Frigiliana which sits high on a mountain ridge overlooking the sea with spectacular panoramic views.

The village is a labyrinth of steep and narrow cobbled streets, lined by whitewashed houses, their wrought-iron balconies filled with planters of brilliant red geraniums. Frigiliana is best explored by foot.







## VISIT GRANADA AND THE ALHAMBRA

While being in Andalusia, you cannot miss one of Spain's cultural jewels: The city of Granada and The Alhambra Palace are only 1 hour and 50 min from La Zambra, which makes it a very easy and doable daytrip from the coast.

Granada is one of the best options to add an unforgettable cultural and gastronomical experience to your holidays.







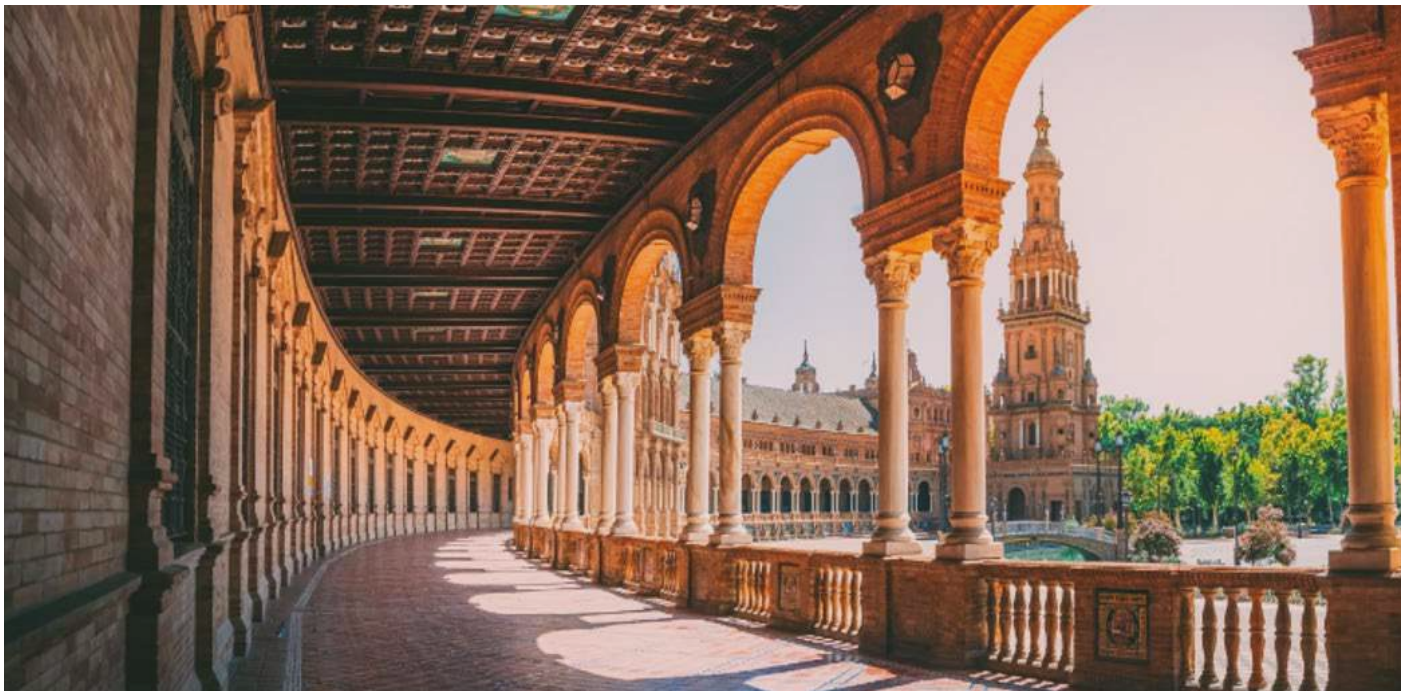
## DAY TRIP

Córdoba is famous around the world for its Great Mosque. Its historic old town is a World Heritage site, full of little streets to be explored, courtyards full of flowers, inviting squares and lively taverns where you can enjoy a good flamenco performance or try the local cuisine.

While in the city a few must see sites are the Alcazaba, the Calleja de las Flores alley and the Plaza de la Corredera to mention a few.







## SEVILLA AND IT'S COLOURS

Sevilla is still Sevilla, and we love that. But the city of three thousand-years-old history, emblematic and memorable, opens up now for the visitors with a brand-new air, new meanings and new proposals who aim at making the experience more complete, authentic, shared and more sustainable.

The monuments of Seville will leave you speechless, there are three buildings declared UNESCO World Heritage Sites, that you cannot miss.



# LA ZAMBRA

